

First Baptist Church of Spring Hill

The Messenger

August 2016

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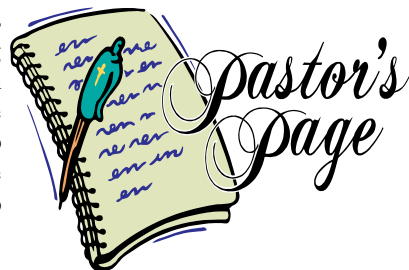
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[Paula Zimmer](#)

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Rhonda Purtle

Life has a way of beating us to our knees. This is what Isaiah predicted would happen to Israel during the long years of exile in Babylon (Isaiah 40-27-31). Isaiah says in verse 30, "Even the youths shall faint and be wary, and the young men shall utterly fall." This is what has happened to many of us. We have become spiritually exhausted! What are the causes of this spiritual exhaustion and what can we do about it?



One reason for exhaustion is the demands of service. Paul warns us, "And let us not be weary in well doing: for in due season we shall reap, if we faint not" (Galatians 6:9). Life for all of us, but especially for the Christian, is full of responsibilities and obligations. In the home, the church, and the world there are people who need our help and sooner or later most of us just give and give until there is nothing left to give.

This is Isaiah's message to the exhausted, to those who are tired of service -- link up with God! Fuse your life into His and let His strength flow into you. The cure for mental, physical, and spiritual exhaustion is found by turning our thoughts toward God. God takes personal interest in each one of us. No matter how much you are tempted to believe God has forsaken and forgotten you -- He cares. He knows your name. He counts the hairs on your head. He sees every tear, hears every cry and weighs every burden. To receive this divine help for our exhaustion we much look to the Lord in faith, or, as Isaiah calls it, "Waiting." He says, "But those who wait on the Lord shall renew their strength" (verse 31). The Hebrew word translated "renew" is literally "change" or "exchange." In other words, God will exchange His strength for our exhaustion. The NT says to the weary, "Let us lay aside every weight and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross despising the shame, and is set down at the right hand of the throne of God" (Hebrews 12:1-20).

Isaiah says that when we wait and let God step in and deliver us, then we can have the conquest of spiritual exhaustion. When we do that, God will give us three things. First, the power to soar. He says we will "mount up with wings like eagles." Fix your eyes on God and see His power and His purposes and His promises moving on to ultimate victory and you will live in the sunshine of faith. Second, the power to run. Isaiah says, "They shall run, and not be weary." When extra burdens fall and extra strength is needed, it will be given.. That is what Isaiah meant by this phrase. Third, the power to walk. Isaiah says, "They shall walk, and not faint." Here is where we need power the most. This is power to live from day to day and serve God in the dull routines of life. We often can stand up to crisis but fall beneath the weight of dull routine, drudgery, and boredom. But when you tap the reservoirs of God's power He can make everyday life a joyful adventure. As one preacher put it, you will go from saying, "Good Lord! Morning!" to "Good Morning, Lord."

My prayer for you is that you will reconnect to the source and get invigorated with His love so that you can soar for His glory and you serve Him through the church!

Bro J

Church Library News

August Birthdays

August - Bible Reading

When you open your Bible don't rely on your memory; rely on those printed pages. Read it out loud, slowly with thought and listen to what you say and ask God to make what you read and hear come alive. Forget everything else and Read it, Pray it, Personalize it, Think on it, and Sing it. Make it a conscious thought and forget everything else as you give that time to God.

Psalm 119:97 "Oh, how I love your law! I meditate on it all day long."

Here are a few books from our Library:

Decisions by Gloria Gaither. So, how do we go about the task of everyday decision making in a way that is responsible and consistent without Christian calling? The author offers suggestions in twelve chapters as she looks at the many factors of decision making from a Christian perspective, such as: Setting life goals, preparing for decision making in advance, learning to find the facts, seeking wise counsel, and honestly examining motives.

Growing Strong in the Seasons of Life by Charles Stanley. Billy Graham wrote this forward: May you find the living Lord opening His arms of love to you as you move through each of these four seasons. Take your time. Walk slowly. Feel God's presence as you consider the days and weeks and years that He has given to you. Ask Him to bring new strength to your soul.

Hear Me When I Call by Charles Swindoll. The author offers prayers selected from his years of personal struggles and joys and pairs them with wise devotional guidance. These prayers explore gratitude, injustice, grief, and more, and give ideas for further scripture reading as your heart grows nearer to God.

Yours in Christ,
Mary Robertson, Marjorie Wells, & Joan Frank

1	Shelia Chitwood
2	Addison Burns
4	Zachary Sharp
7	Andy Burdett
	Britton Duncan
	Eva Terrillion
8	Sharon Brawner
	Chance Bland
9	Shirley Young
10	Robert McArter
	Bobby Whisnant
	Brent Johnson
	Amy Howland
12	Sarah Seiber
13	Chase Pullen
14	Rosilyn DeSpain
	Sharon Grace
15	Julie Hull
16	Misti Boshers
17	Michelle Barnes
	Nita Burdett
20	Vern Burdett
21	Keith Groves
	Landen Gentry
22	Carl Dorminey
24	Amos Jarman
26	Todd Whitworth
27	Faye Stamps
	Fabienne Apollon
28	Heather Blevins
30	Brandi McCain
31	Vicki James

*Happy Birthday
to You!*



From the Church Office



Recently, several of you have contacted the church office about getting the **Church Life App** working on your smart phones or tablets. You are finding that it is very helpful in keeping up with addresses and phone numbers of your church family.

You can find it in the app store. Call me in the church office so that I can get your user name and password set up. This gives you access to the church directory and so much more! Also, you can download the free **Google Maps** app which will integrate with Church Life and you have instant GPS to an address in the directory. You can also check your own contributions records as well as make a contribution to the church through the app.

Go to your app store and search for **ACS Church Life**. You will always have your church directory at your fingertips!





On another related note...I still don't have photos for MOST of you for the church directory. In fact, it is those of you that have been here "forever" that are not sharing your smiling faces with all of us!! **Deacon Prentice Moore will be happy to take your photo and send it to the church office if you don't know how to do it on your own.** No more excuses!! We need your smiling faces!! Send those photos to the church office OR call me if you are having difficulty getting your photos to me. I promise to help!

Thank you for allowing me to serve you in the church office. Please do not hesitate to call if you need assistance.

Blessings....

Paula, Ministry Assistant

August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1  1st Day of School for Maury County	2	3 6:30 pm Prayer Mtg.	4	5  1st Day of School for Williamson County	6
7 Deacons' Mtg. <i>KidsGlo! 6:00 pm</i> <i>AfterGlo - Back to School Blowout!</i>	8	9 10 am Ladies' Prayer Group	10 10:15 am Cracker Barrel Fellowship 6:30 pm Business Mtg.	11 9 am Sr. Adult Bible Study 7 pm Cover 2 Cover	12	13
14 <i>KidsGlo! 6:00 pm</i>	15	16 10 am Ladies' Prayer Group	17 6:30 pm Prayer Mtg.	18 9 am Sr. Adult Bible Study 7 pm Cover 2 Cover Bible Study	19	20 8:30 am Ladies' Breakfast
21 <i>KidsGlo 6:00 pm</i>	22 August Newsletter Items due	23 10 am Ladies' Prayer Group	24 <i>Christmas in August items due today</i> 6:30 pm Prayer Mtg.	25 9 am Sr. Adult Bible Study 7 pm Cover 2 Cover Bible Study	26	27 Youth go to movie "Remember the Goal"
28 <i>Children & Youth Ministry Lunch</i> <i>KidsGlo 6:00 pm</i>	29	30 10 am Ladies' Prayer Group	31 6:30 pm Children In Action/Mission Friends Recognition Prayer Mtg.			
Schedule of Services: Sunday Worship - 10:00 am Sunday School - 8:45 am Adult Choir Rehearsal - 4:30 pm Discipleship Training - 5:00 pm AWANA - 5:30 - 7:00 pm (Sept.-May) Worship & Youth Svc. - 6:00 pm				Wednesday Children in Action - 6:30 pm Prayer Meeting - 6:30 pm Youth Service (In Youth House) - 6:30 pm Business Mtg. (2nd Wednesday) - 6:30 pm Instrumental Rehearsal - 7:30 pm		

The Church in Action



Cracker Barrel Fellowship
Wednesday, August 10
10:15 a.m.
Everyone is welcome!
(at The Crossings in Spring Hill)

Saturday, August 20
8:30 am

Bring a breakfast dish to share and join a time of good food, fellowship, and inspiration. All ladies invited.



Ladies' Breakfast



READ THROUGH THE BIBLE

Thursday Evenings, 7:00 pm
Contact Brent Johnson for more information

**English as a Second
Language Classes**
Each Wednesday
6-7:30 pm

In the fellowship hall
Limited class size
**See Pat Springer for more
information**



A Look Ahead...Coming in September



**Week of Prayer & Offering for
Tennessee State Missions**

September 11-18, 2016
Theme:

**"It's Personal! Reach. Connect.
Give."**

Romans 10:14-15



Future Growth Funding
\$47,210.29 in a Construction Acct.
at First Farmer's & Merchant's Bank
\$395,575.38 in a Building Fund
at the Tennessee Baptist Foundation.



Children in Action Christmas in August

The missionary we chose this year is Oscar Sanchez, who runs the California Migrant Ministry. Last year, his ministry reached 1300 migrants for Christ! He has requested the following items:

- Hygiene items (shampoo, combs, soap, toothbrushes, toothpaste, etc.)
- Towels & wash cloths
- School supplies (crayons, notebook paper, pencils, construction paper.



Additionally, we will accept cash donations for purchasing additional supplies and/or covering shipping costs. Please bring in your items through August 24th and place them in the box provided in the lobby. Thank you!

****Children in Action Recognition Service, Wednesday, August 31, 6:30 pm.**

2016 JAM (Journey into Adventures in Missions) October 1, Victory Baptist Church, Mt. Juliet

This year's theme is "Road Trip". JAM is a one-day missions event for children in Grades 1-6. Cost is \$15. Deadline to register is Sunday, September 11. Please see Julie Hull is you would like to go (juliemhull@live.com or 615.476.9522).

Children's Ministry

Sunday, August 28th, immediately following the morning worship service, ALL folks who are involved in any area of preschool, children, and youth ministry (Birth - 18 years) are invited to lunch *in your honor* in the fellowship hall. PLEASE make plans to join us. There will be food (of course) as well as an overview of some important safety policies and exciting new things happening with these ministries. This includes Sunday School, Nursery service, Youth Council, AWANA, and Wednesday night missions workers. We hope to see YOU ALL then!!